

Presentation Catalog

Grades K4-4th

Speak Up, Stand Tall!

Speak Up, Stand Tall teaches students how to recognize, prevent, and respond to bullying in safe and positive ways. Through interactive activities and discussion, they learn to stand up for themselves and others while helping create a kinder and safer school.

Healthy Habits, Happy You!

Healthy Habits, Happy You teaches students the importance of staying clean, healthy, and confident. Through fun games and activities, they learn how germs spread and how simple habits help them feel their best and show respect for themselves and others.

Stay True, Stay You

Stay True, Stay You helps students understand what substances are and why people may feel pressured to try them. Students practice saying “no,” recognize peer pressure, and learn to stay true to their values while keeping their minds and bodies strong.

Together We Win

Together We Win shows students how teamwork, communication, and respect help them succeed in school and life. Through fun examples and discussions, they learn that real success happens when everyone works together, because together, we win.

Feelings Are Ok!

Feelings Are Ok! helps students understand that all emotions are normal and teaches them how to recognize and name what they are feeling. Students also learn healthy ways to express emotions and manage them in a positive and safe way.

Presentation Catalog

Grades 5th - 6th

Speak Up, Stand Tall!

Speak Up, Stand Tall teaches students how to recognize, prevent, and respond to bullying in safe, positive ways. Through interactive activities and discussion, they learn to stand up for themselves and others while helping create a kinder, safer school.

Stay True, Stay You

Stay True, Stay You helps students understand what substances are and why people may feel pressured to try them. Students practice saying "no," recognize peer pressure, and learn to stay true to their values while keeping their minds and bodies strong.

Together We Win

Together We Win shows students how teamwork, communication, and respect help them succeed in school and life. Through fun examples and discussions, they learn that real success happens when everyone works together, because together, we win.

Healthy Habits, Happy You!

Healthy Habits, Happy You teaches students the importance of staying clean, healthy, and confident. Through fun games and activities, they learn how germs spread and how simple habits help them feel their best and show respect for themselves and others.

Youth Tobacco Prevention*

This **5-part** series help students build confidence and make healthy, tobacco-free choices. Students gain practical skills they can use every day at school, at home, and with friends.

*Youth Tobacco Prevention is only available in Bullock, Lowndes, Macon, and Russell counties.

Presentation Catalog

Grades 7th - 8th

Speak Up, Stand Tall!

Speak Up, Stand Tall teaches students how to recognize, prevent, and respond to bullying in safe, positive ways. Through interactive activities and discussion, they learn to stand up for themselves and others while helping create a kinder, safer school.

Stay True, Stay You

Stay True, Stay You helps students understand what substances are and why people may feel pressured to try them. Students practice saying "no," recognize peer pressure, and learn to stay true to their values while keeping their minds and bodies strong.

Together We Win

Together We Win shows students how teamwork, communication, and respect help them succeed in school and life. Through fun examples and discussions, they learn that real success happens when everyone works together, because together, we win.

Healthy Habits, Happy You!

Healthy Habits, Happy You focuses on body changes in the middle school years and simple habits, like hygiene, sleep, nutrition, and stress management can support their confidence and overall health.

Youth Tobacco Prevention*

This **5-part** series help students build confidence and make healthy, tobacco-free choices. Students gain practical skills they can use every day at school, at home, and with friends.

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Grades 9th - 12th

Taking Charge!

Taking Charge: Health Literacy & Self-Advocacy for Young Adults

helps students learn how to manage their own health and understand their own rights. It covers real-world skills like knowing your medical history, reading prescription labels, and navigating HIPAA.

Feeling the Pressure?

Feeling the Pressure? Managing Stress & Anxiety in Everyday Life gives students the resources to understand the signs of stress and anxiety, and learn practical ways to manage them, including when to ask for help

Together We Win

Together We Win shows students how teamwork, communication, and respect help them succeed in school and life. Through fun examples and discussions, they learn that real success happens when everyone works together, because together, we win.

Healthy Habits, Happy You!

Healthy Habits, Happy You teaches students the importance of staying clean, healthy, and confident. Through fun games and activities, they learn how germs spread and how simple habits help them feel their best and show respect for themselves and others.

Youth Tobacco Prevention*

This 5-part series help students build confidence and make healthy, tobacco-free choices. Students gain practical skills they can use every day at school, at home, and with friends.